Peak Performance/ Thorncliffe Summer Training 2022

The goal of this year's Thorncliffe summer training camps is to develop the skills of all the players involved and help them perform at their best in summer tournaments. Also, to help them make up some of the developmental time missed due to the pandemic.

The summer is a vital time for a competitive player's development. If this time is used efficiently any player can see a huge jump in their play. Thus, it's important for any high performance player to have an organized summer training schedule to enhance their development.

From our perspective, we hope to enhance this process by providing summer training sessions as well as coaching at some of our players' major tournaments.

Summer Training Sessions

Our summer training will focus on developing the player's tactical, technical, and psychological skills necessary to compete at their highest levels, as well as developing the most frequent physical skills required to excel. We will do this while respecting the player's competition schedule and targeting their training so that they can perform their best at selected events.

Registration

We will be capping registration at 15 players per session. Given the guidelines from the Province this is the maximum number of students we can facilitate. Your spot will only be reserved with a completed form and payment.

To Register:

By email: Completed form should be sent to **peakperformancetennisacademy@gmail.com and eddiejbrisbois@gmail.com**.

If you have any questions about the Thorncliffe camp (scheduling, organization, level, or appropriateness for your child) please contact Head Coach, Eddie Brisbois by email: eddiejbrisbois@gmail.com

PEAK PERFORMANCE TENNIS CAMP AT THORNCLIFFE PARK TENNIS CLUB SUMMER 2022

Date of Birth	Camper's Name	Age	Home Phone	
Parents' Names Address				
Parents' email				
Parents' email	Address	City	Postal Code	
Emergency Contact Phone Allergies/Medical/other concerns Weekly sessions (9 am - 12) = \$425/week plus HST (\$480.25) Single session = \$95 plus HST (\$107.35) \$10 admin. charge for any changes All attendees must be members of Thorncliffe Park Tennis Club (the rate is \$40 for the year) NO FORM/NO PAYMENT = NO CAMP!!!! Please complete and return ASAP Camp week (check off appropriate boxes): June 27- June 30 Full Week Cost (no class on July 1st) July 4-8 Full Week Cost July 11-15 Full Week Cost July 18-22 Full Week Cost July 18-22 Full Week Cost July 25-29 Full Week Cost Aug 2-5 Full Week Cost Aug. 15-19 Full Week Cost Aug. 15-19 Full Week Cost Aug. 22-26 Full Week Cost Simple Full Week Simple Full Week Cost Simple Full Week Simp	Parents' email	Alternate em	nail	
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