

## **Peak Performance/ Thorncliffe** **Summer Training 2022**

The goal of this year's Thorncliffe summer training camps is to develop the skills of all the players involved and help them perform at their best in summer tournaments. Also, to help them make up some of the developmental time missed due to the pandemic.

The summer is a vital time for a competitive player's development. If this time is used efficiently any player can see a huge jump in their play. Thus, it's important for any high performance player to have an organized summer training schedule to enhance their development.

From our perspective, we hope to enhance this process by providing summer training sessions as well as coaching at some of our players' major tournaments.

### **Summer Training Sessions**

Our summer training will focus on developing the player's tactical, technical, and psychological skills necessary to compete at their highest levels, as well as developing the most frequent physical skills required to excel. We will do this while respecting the player's competition schedule and targeting their training so that they can perform their best at selected events.

### **Registration**

We will be capping registration at 15 players per session. Given the guidelines from the Province this is the maximum number of students we can facilitate. Your spot will only be reserved with a completed form and payment.

To Register:

By email: Completed form should be sent to **peakperformancetennisacademy@gmail.com** and **eddiejbrisbois@gmail.com**.

If you have any questions about the Thorncliffe camp (scheduling, organization, level, or appropriateness for your child) please contact Head Coach, Eddie Brisbois by email: **eddiejbrisbois@gmail.com**

**PEAK PERFORMANCE TENNIS CAMP  
AT THORNCLIFFE PARK TENNIS CLUB  
SUMMER 2022**

Camper's Name \_\_\_\_\_ Age \_\_\_\_\_ Home Phone \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Health Card # \_\_\_\_\_  
Parents' Names \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ Postal Code \_\_\_\_\_  
Parents' email \_\_\_\_\_ Alternate email \_\_\_\_\_  
Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_  
Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_  
Allergies/Medical/other concerns \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Weekly sessions (9 am - 12) = \$425/week plus HST (\$480.25)

Single session = \$95 plus HST (\$107.35)

\$10 admin. charge for any changes

All attendees must be members of Thorncliffe Park Tennis Club (the rate is \$40 for the year)

**NO FORM/NO PAYMENT = NO CAMP!!!! Please complete and return ASAP**

**Camp week (check off appropriate boxes):**

June 27- June 30 Full Week \_\_\_\_\_ Cost \_\_\_\_\_ (no class on July 1st)

July 4-8 Full Week \_\_\_\_\_ Cost \_\_\_\_\_

July 11-15 Full Week \_\_\_\_\_ Cost \_\_\_\_\_

July 18-22 Full Week \_\_\_\_\_ Cost \_\_\_\_\_

July 25-29 Full Week \_\_\_\_\_ Cost \_\_\_\_\_

Aug 2-5 Full Week \_\_\_\_\_ Cost \_\_\_\_\_ (no camp on Aug 1)

Aug 8-12 Full Week \_\_\_\_\_ Cost \_\_\_\_\_

Aug. 15-19 Full Week \_\_\_\_\_ Cost \_\_\_\_\_

Aug. 22-26 Full Week \_\_\_\_\_ Cost \_\_\_\_\_ (if enough interest)

**Please Note: If your camper does not attend for a full week, he/she will be charged the daily rate. This helps us to ensure that we have the appropriate number of coaches and students each week.**

**Cost # full weeks \_\_\_\_\_ X \$480.25 = \_\_\_\_\_**

**# of days \_\_\_\_\_ X \$107.35 = \_\_\_\_\_**

**Total Due = \_\_\_\_\_ (includes HST)**

Please complete form, make cheque payable to Peak Performance Tennis Academy or e-transfer the fee to peakperformancetennisacademy@gmail.com

By signing below I agree to hold the Peak Performance Tennis Academy, Thorncliffe Park Tennis Club, Leaside Tennis Club, Mayfair Clubs, and/or all their agents, contractors and employees harmless from any claims arising from the above child's participation in any of the above activities, either on or off club grounds.

Signature of Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_